

Starting next year, nearly all 25 public and private managed care health insurers participating in California's Medicaid program plan to offer nontraditional services (called "[in lieu of services](#)" in bureaucratic speak) from 14 broad categories, such as housing and addiction care. Services will vary by insurer and region.

The services, which will range from deliveries of healthy meals to mold remediation in homes, are meant to help high-need patients avoid expensive medical care, such as hospitalization. To read more about the categories listed below, and eligibility for them, go to page 168 in [this document](#).

- Housing transition and navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Short-term post-hospitalization housing
- Recuperative care
- Respite services
- Day habilitation programs
- Nursing facility transition to lower-level assisted living facilities
- Nursing home transition services, to a home
- Personal care and homemaker services
- Home modifications
- Medically tailored meals
- Sobering centers
- Asthma remediation

KHN contacted every Medi-Cal managed care plan currently participating in the program to ask what categories of services they propose to offer initially next year:

PUBLIC MANAGED CARE INSURERS:

L.A. Care Health Plan

Membership: Nearly 2.3 million in Los Angeles County

- Housing transition and navigation services
- Housing tenancy and sustaining services
- Recuperative care
- Medically tailored meals

Inland Empire Health Plan

Membership: Roughly 1.4 million in Riverside and San Bernardino counties

- Housing transition and navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Short-term post-hospitalization housing
- Recuperative care
- Nursing facility transition to lower-level assisted living facilities
- Nursing home transition services, to a home
- Home modifications
- Medically tailored meals
- Sobering centers (Riverside only to start)
- Asthma remediation

Alameda Alliance for Health

Membership: Roughly 286,000 in Alameda County

- Housing transition and navigation services
- Housing tenancy and sustaining services
- Housing deposits
- Recuperative care
- Medically tailored meals
- Asthma remediation

CalOptima

Membership: Roughly 842,000 in Orange County

- Housing transition and navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Recuperative care

Kern Health Systems

Membership: About 305,000 in Kern County

- Housing transition navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Recuperative care
- Asthma remediation

Contra Costa Health Plan

Membership: Roughly 207,000 in Contra Costa County

- Housing transition and navigation services
- Housing tenancy and sustaining services
- Short-term post-hospitalization housing
- Respite services
- Medically tailored meals
- Asthma remediation

Health Plan of San Joaquin

Membership: About 379,000 in San Joaquin County

- Housing transition and navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Short-term post-hospitalization housing
- Recuperative care
- Medically tailored meals
- Sobering centers

Health Plan of San Mateo

Membership: Roughly 121,400 in San Mateo County

- Housing transition navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Nursing facility transition to lower-level assisted living facilities

- Nursing home transition services, to a home
- Home modifications
- Medically tailored meals

Santa Clara Family Health Plan

Membership: About 285,000 in Santa Clara County

- Housing transition navigation services
- Housing deposits
- Nursing facility transition to lower-level assisted living facilities.
- Nursing home transition services, to a home
- Medically tailored meals

San Francisco Health Plan

Membership: About 150,800 in San Francisco County

- Housing transition navigation services
- Recuperative care

CenCal Health

Membership: About 205,000 in Santa Barbara and San Luis Obispo counties

- Recuperative care
- Medically tailored meals

CalViva Health

Membership: Roughly 386,000 in Fresno, Kings and Madera counties

- Housing transition and navigation services (Kings County only)
- Housing tenancy and sustaining services (Kings County only)
- Recuperative care (Kings County only)
- Home modifications (Fresno & Madera counties only)
- Medically tailored meals
- Sobering centers (Kings County only)
- Asthma remediation

Central CA Alliance for Health

Membership: Roughly 377,600 in counties of Santa Cruz, Monterey and Merced counties

- Housing transition navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Sobering centers (Monterey County only)
- Medically tailored meals

Gold Coast Health Plan

Membership: About 238,000 in Ventura County

- Housing transition navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Short-term post-hospitalization housing
- Recuperative care

Partnership HealthPlan of California

Membership: About 616,000 in Del Norte, Siskiyou, Modoc, Shasta, Lassen, Trinity, Humboldt, Mendocino, Sonoma, Lake, Marin, Yolo, Napa and Solano counties. However, Marin, Mendocino, Napa, Shasta and Sonoma counties will be receiving the initial services.

- Housing transition navigation services.
- Housing deposits.
- Housing tenancy and sustaining services.
- Short-term post-hospitalization housing
- Recuperative care
- Respite services
- Personal care and homemaker services
- Medically tailored meals

PRIVATE MANAGED CARE INSURERS

Anthem Blue Cross

Membership: About 809,000 in [28 counties across the state](#). Services in each category will vary by county.

- Housing transition and navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Recuperative care
- Day habilitation programs
- Nursing facility transition to lower-level assisted living facilities
- Nursing home transition services, to a home
- Personal care and homemaker services
- Home modifications
- Medically tailored meals
- Sobering enters
- Asthma remediation

Health Net and California Health & Wellness

Membership: Roughly 1.7 million [across the state](#), including in the counties of Tehama, Placer, Sacramento, Butte, Calaveras, El Dorado, Imperial, Los Angeles and San Diego

- Housing transition and navigation services
- Housing tenancy and sustaining services
- Recuperative care
- Medically tailored meals
- Sobering centers
- Asthma remediation

Blue Shield of California Promise Health Plan

Membership: About 400,000 in [San Diego and Los Angeles](#) counties. The insurer declined to specify its offerings, but said it will offer some services, possibly including housing, asthma remediation, sobering centers, medically tailored meals, home modifications and day habilitation.

Kaiser Permanente

Membership: About 176,000 in Sacramento, Amador, Placer, El Dorado and San Diego counties

- Housing transition and navigation services
- Housing tenancy and sustaining services
- Recuperative care (San Diego County only)
- Medically tailored meals (San Diego County only)

Molina Healthcare of California Plan

Membership: Roughly [460,000](#) in Los Angeles, Imperial, Riverside, San Bernardino, San Diego and Sacramento counties. The insurer did not respond to a request for an interview, nor did it respond to multiple emails about whether it plans to offer nontraditional services.

Aetna Better Health of California

Membership: Roughly 35,000 in Sacramento and San Diego counties. Services could vary by county.

- Housing transition and navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Short-term post-hospitalization housing
- Recuperative care
- Respite services
- Day habilitation programs
- Nursing facility transition to lower-level assisted living facilities
- Nursing home transition services, to a home
- Personal care and homemaker services
- Home modifications
- Medically tailored meals
- Sobering centers
- Asthma remediation

UnitedHealthcare Community Plan of California

Membership: Roughly 24,100 in San Diego County

- Housing transition navigation services
- Housing deposits
- Housing tenancy and sustaining services
- Recuperative care
- Medically tailored meals
- Sobering centers

Community Health Group Partnership Plan

Membership: About 303,100 in San Diego County

- Housing transition navigation services
- Housing tenancy and sustaining services
- Recuperative care
- Nursing facility transition to lower-level assisted living facilities
- Home modifications
- Medically tailored meals
- Sobering centers
- Asthma remediation

AIDS Healthcare Foundation

Membership: 725 Medi-Cal patients with AIDS in Los Angeles County

- Housing transition navigation services
- Personal care and homemaker services
- Medically tailored meals

Note: Federal rules [prohibit state Medicaid](#) programs from paying directly for housing and rent, but states can obtain permission from the federal government to fund services that get and keep people housed, such as paying for first and last month's rent, utilities and security deposits.